

# The Seventh Sunday of Easter

*12 May 2024*

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(937) 748-2592      [www.saintfran.org](http://www.saintfran.org)

## ***Mission***

**The Mission** of Saint Francis Episcopal Church is to proclaim the healing and transformative power of Jesus Christ to a hurting world.

## ***Welcome!***

### **To Our Visitors, Newcomers, and Seekers**

We thank you for joining us today. We are blessed by your presence and pray that you will return often. Please introduce yourself and if you **would like to know more** about what we believe and do, simply ask our Ushers or email [parishsec@saintfran.org](mailto:parishsec@saintfran.org). If you would like to inquire about **membership**, or you would like information about **Baptism** or **Marriage**, also please contact the Parish Office. **If you desire a visit, prayer or follow-up please speak with someone following the service or email [parishsec@saintfran.org](mailto:parishsec@saintfran.org).**

**Online Worship** is every Sunday at **10:30 am**. Join St. Francis via **Facebook** at <https://www.facebook.com/saintfran/>.

## **Morning Prayer and Healing**

We would like you to join us for our Morning Prayer and Healing Service every Wednesday starting at 9:00 am with Jeff Baldrige as the officiant. The focus will be: “We seek God through Christ and the Holy Spirit to provide healing and wholeness of life to all those hurting or in need”. A mini booklet is available to anyone who would like to learn more about the histories and mysteries of the Bible on our website at [www.saintfran.org](http://www.saintfran.org). This will be a continually growing training tool you can share with your kids and family. You can participate by coming to St. Francis and meet with us in our Sanctuary or by watching us on Facebook. Send any prayer requests to [prayer@saintfran.org](mailto:prayer@saintfran.org), we would love to pray for you! Questions or comments? Please contact Jeff Baldrige at [prayer@saintfran.org](mailto:prayer@saintfran.org).

## ***Today***

A Blessed **Mothers' Day** to all who have served as nurturing women in our congregation and in our lives!

## **Second Sunday Potluck**

Today is our monthly potluck. Make sure to stay after church today to enjoy your favorite dish, appetizer, or dessert. We would love to see you there!

**Altar flowers** are given today by the Browleit family to the glory of God and in honor of mothers.

**In our prayers this week:** For our Bishops, Priests, and other Ministers: for Michael, our Presiding Bishop; for Kristin, our Bishop.

**Those who need our prayers:** Trish, Praise for Lindsay, Jim, Mary, David and Molly, Keith and Anna, Dionni, Ezekial, Helen, the Clark family, Felix and his family, Samuel and his family, Seth, for God's blessing, guidance, protection, and healing from any physical or mental stress over all first responders, medical personnel, and men and women serving in our military.

**Today we ask your blessing on:** St. Matthew's Episcopal Church in Westerville.

### ***This Week***

#### **Parish Health Ministry: Parish Health Pearls (May 2024)**

##### **Foods That Can Cause Food Poisoning – Seafood**

Raw seafood, which includes fish with fins and shellfish (especially oysters), can contain harmful germs, such as norovirus and *Vibrio*. To avoid food poisoning, do not eat raw or undercooked fish or shellfish, or food containing raw or undercooked seafood, such as sashimi, some sushi, and ceviche. Cook fish with fins to 145°F or until the flesh is opaque and separates easily with a fork. Cook shrimp, lobster, crab, and scallops until the flesh is opaque and pearly or white. Boil clams, mussels, and oysters until the shells open, and keep boiling for another 3–5 minutes. Heat leftover seafood to 165°F. Keep raw seafood away from ready-to-eat food in the grocery cart, refrigerator, and on cutting boards. Wash your utensils, cutting boards, and countertops with hot, soapy water after preparing each seafood item. Refrigerate leftovers at 40°F or colder within 2 hours after preparation (or within 1 hour if the food is exposed to a temperature over 90°F, like at a picnic or in a hot car).

*Source:* Centers for Disease Control and Prevention. (2023, August 9).

*Foods that can cause food poisoning.* Centers for Disease Control and Prevention.

<https://www.cdc.gov/foodsafety/foods-linked-illness.html#poultry>

### ***Looking Ahead***

Come and join us as we celebrate the **Day of Pentecost** on **May 19!** One of the major feasts of the church year. The Day of Pentecost commemorates the day when the Holy Spirit was poured out on the disciples in Jerusalem after the crucifixion and resurrection of Jesus Christ. It is customary to wear RED on Pentecost, signifying the fiery winds of the Holy Spirit.

We invite you to celebrate with us all the men and women who fought and died for our country! By honoring them with a flag in our front yard during **Memorial Day**. If you would like to contribute flags for the people you would like to celebrate, fill out the memorial form on the table in the Narthex and place it in the offering plate by **May 27**. If you have any questions, contact Mary Harris at (937) 672-7993.

The **Altar Guild** always makes sure the Sanctuary is set up as a beautiful place of worship each Sunday. Its primary purpose is to prepare for the celebration of the Holy Eucharist and other sacraments of the church. You will work closely with the Priest or Senior Warden to provide both order and beauty for the worship service. If you would like to contribute to making that happen, please contact Barb Roy at 937-859-3501. This will be a great opportunity to connect and help to fulfill the mission of St. Francis.

**How About Helping with Church Maintenance?**

There are always things to be done in our “house,” some big and some small. We hope that you take notice and appreciate tasks that are accomplished week to week on Tuesday afternoons. Anyone is welcome to help. No prior knowledge necessary. The work crew will always find something for you to do (even for just an hour or two). The crew meets on **Tuesdays at 1:30 pm**. Please contact Jacqui at (937) 673-2692 if you are interested.

***Week May 13 – May 19***

13	Monday	9:15 am	Jazzercise
14	Tuesday	9:15 am	Jazzercise
		6:00 pm	Boy Scouts
15	Wednesday	9:00 am	<i>Office Open</i>
		9:00 am	<b>Morning Prayer</b>
		9:15 am	Jazzercise
		10:30 am	<b>Bible Study</b>
16	Thursday	9:00 am	<i>Office Open</i>
		9:15 am	Jazzercise
		7:30 pm	Alanon
17	Friday	9:00 am	<i>Office Open</i>
		9:15 am	Jazzercise
18	Saturday		
19	Sunday	<b>The Day of Pentecost: Whitsunday</b>	
		10:30 am	<b>Sunday School</b>
		10:30 am	<b>Holy Eucharist, Rite II</b>