

The Sixth Sunday of Easter

5 May 2024

225 N. Main Street, Springboro, Ohio 45066
(937) 748-2592 www.saintfran.org

Mission

The Mission of Saint Francis Episcopal Church is to proclaim the healing and transformative power of Jesus Christ to a hurting world.

Welcome!

To Our Visitors, Newcomers, and Seekers

We thank you for joining us today. We are blessed by your presence and pray that you will return often. Please introduce yourself and if you **would like to know more** about what we believe and do, simply ask our Ushers or email parishsec@saintfran.org. If you would like to inquire about **membership**, or you would like information about **Baptism** or **Marriage**, also please contact the Parish Office. **If you desire a visit, prayer or follow-up please speak with someone following the service or email parishsec@saintfran.org.**

Online Worship is every Sunday at **10:30 am**. Join St. Francis via **Facebook** at <https://www.facebook.com/saintfran/>.

Morning Prayer and Healing

We would like you to join us for our Morning Prayer and Healing Service every Wednesday starting at 9:00 am with Jeff Baldrige as the officiant. The focus will be: “We seek God through Christ and the Holy Spirit to provide healing and wholeness of life to all those hurting or in need”. A mini booklet is available to anyone who would like to learn more about the histories and mysteries of the Bible on our website at www.saintfran.org. This will be a continually growing training tool you can share with your kids and family. You can participate by coming to St. Francis and meet with us in our Sanctuary or by watching us on Facebook. Send any prayer requests to prayer@saintfran.org, we would love to pray for you! Questions or comments? Please contact Jeff Baldrige at prayer@saintfran.org.

Today

Fellowship Coffee Hour is provided by Ginny Culp. Stay after the service today and enjoy a time of food, coffee/tea, and fellowship. We would love to see you there!

Altar flowers are given today by the Culp family to the glory of God and in thanksgiving.

In our prayers this week - **For our Bishops, Priests, and other Ministers: for Michael, our Presiding Bishop; for Kristin, our Bishop; for Richard, our Supply Clergy.**

Those who need our prayers: Connie Ewing, Jeff Snowden, Mary Martin, Trish, Lindsay, Mary, Ryan, David and Molly, Keith and Anna, Jim, Dioni, Ezekiel, Tony, Felix, the Varhola family, Brenda and Grace, Helen, Fr. Richard and Marv Swan, and for God's blessing, guidance, protection, and healing from and mental or physical stress over all first responders, medical personnel, and men and women serving in our military, John, Cheryl, Amanda Jones, Seth Broweleit, and Dan.

Today we ask your blessing on: St. Anne's Episcopal Church in West Chester.

This Week

Parish Health Ministry: Parish Health Pearls (May 2024)

Foods That Can Cause Food Poisoning -Fruits and Vegetables.

Raw fruits and vegetables can sometimes be contaminated with harmful germs, such as Salmonella, E. coli, and Listeria. The safest fruits, vegetables, and fresh herbs are cooked; the next safest are washed. To help prevent food poisoning, do not eat unwashed fresh produce. Wash or scrub fruits and vegetables under running water—even if you do not plan to eat the peel. Germs on the peel or skin can get inside fruits and vegetables when you cut them. Cut away any damaged or bruised areas before preparing or eating. Germs can get into fruits and vegetables more quickly if the peel or skin is damaged or bruised. Dry fruits or vegetables with a clean paper towel. Refrigerate fruits and vegetables within 2 hours after you cut, peel, or cook them (or within 1 hour if they are exposed to temperatures above 90°F, like in a hot car or at a picnic). Chill them at 40°F or colder in a clean container.

Source: Centers for Disease Control and Prevention. (2023, August 9). *Foods that can cause food poisoning.* Centers for Disease Control and Prevention. <https://www.cdc.gov/foodsafety/foods-linked-illness.html#poultry>

Looking Ahead

Second Sunday Potluck

On Sunday, **May 12** will be our monthly potluck. Make sure to bring your favorite dish, appetizer, or dessert to share and we would love to see you there!

The **Altar Guild** always makes sure the Sanctuary is set up as a beautiful place of worship each Sunday. Its primary purpose is to prepare for the celebration of the Holy Eucharist and other sacraments of the church. You will work closely with the Priest or Senior Warden to provide both order and beauty for the worship service. If you would like to contribute to making that happen, please contact Barb Roy at 937-859-3501. This will be a great opportunity to connect and help to fulfill the mission of St. Francis.

How About Helping with Church Maintenance?

There are always things to be done in our "house," some big and some small. We hope that you take notice and appreciate tasks that are accomplished week to week on Tuesday afternoons. Anyone is welcome to help. No prior knowledge necessary. The work crew will always find something for you to do (even for just an hour or two). The crew meets on **Tuesdays at 1:30 pm**. Please contact Jacqui at (937) 673-2692 if you are interested.

Week May 6 – May 12

6	Monday	9:15 am	Jazzercise
7	Tuesday	9:15 am	Jazzercise
		6:00 pm	Boy Scouts
8	Wednesday	9:00 am	<i>Office Open</i>
		9:00 am	Morning Prayer
		9:15 am	Jazzercise
		10:30 am	Bible Study
9	Thursday	9:00 am	<i>Office Open</i>
		9:15 am	Jazzercise
		7:30 pm	Alanon
10	Friday	9:00 am	<i>Office Open</i>
		9:15 am	Jazzercise
11	Saturday		
12	Sunday	The Seventh Sunday of Easter	
		10:30 am	Sunday School
		10:30 am	Holy Eucharist, Rite II